

**Regular Verbs**  
**Simple Present and Simple Past Tenses**

This is a list of Regular Verbs. These verbs use **-ed** for the simple past tense. The **-ed** ending sounds like /t/.

I will read the base form and the simple past tense of the verb. Then, I will read the verb in two sentences, a simple present tense sentence and a simple past tense sentence.

There will be time for you to repeat the verbs and sentences. Try it, it is good practice!

<b>Base</b>	<b>Past</b>	<b>Sentences</b>
Ask	asked	
	<i>Simple present tense</i>	The teacher <i>asks</i> questions every day.
	<i>Simple past tense</i>	The teacher <i>asked</i> questions yesterday.
Bake	baked	
	<i>Simple present tense</i>	She <i>bakes</i> a cake every week.
	<i>Simple past tense</i>	She <i>baked</i> a cake last night.
Cook	cooked	
	<i>Simple present tense</i>	I <i>cook</i> dinner every night.
	<i>Simple past tense</i>	I <i>cooked</i> dinner last night.
Cough	coughed	
	<i>Simple present tense</i>	Abdullahi <i>coughs</i> a lot because he is sick.
	<i>Simple past tense</i>	Abdullahi <i>coughed</i> a lot because he was sick.
Clap	clapped	
	<i>Simple present tense</i>	The children always <i>clap</i> their hands.
	<i>Simple past tense</i>	The children <i>clapped</i> their hands 10 minutes ago.
Dance	danced	
	<i>Simple present tense</i>	Choua <i>dances</i> at parties every month.
	<i>Simple past tense</i>	Choua <i>danced</i> at a party last Saturday.
Drop	dropped	
	<i>Simple present tense</i>	I never <i>drop</i> my glass on the floor.
	<i>Simple past tense</i>	I <i>dropped</i> the glass on the floor last night.

<b>Base</b>	<b>Past</b>	<b>Sentences</b>
Erase	erased	
	<i>Simple present tense</i>	The students always <b>erase</b> the blackboard.
	<i>Simple past tense</i>	The students <b>erased</b> the blackboard yesterday.
Finish	finished	
	<i>Simple present tense</i>	I usually <b>finish</b> my job at 5pm.
	<i>Simple past tense</i>	I <b>finished</b> my job early today.
Fix	fixed	
	<i>Simple present tense</i>	The mechanic <b>fixes</b> cars every day.
	<i>Simple past tense</i>	The mechanic <b>fixed</b> my car last month.
Help	helped	
	<i>Simple present tense</i>	The teacher <b>helps</b> me with English every day.
	<i>Simple past tense</i>	The teacher <b>helped</b> me with English last year.
Hope	hoped	
	<i>Simple present tense</i>	The young man <b>hopes</b> to pass the citizenship test.
	<i>Simple past tense</i>	The young man <b>hoped</b> to pass the citizenship test last year.
Kiss	kissed	
	<i>Simple present tense</i>	The couple always <b>kiss</b> each other.
	<i>Simple past tense</i>	The couple <b>kissed</b> each other 15 minutes ago.
Laugh	laughed	
	<i>Simple present tense</i>	They <b>laugh</b> at the comedy show on TV.
	<i>Simple past tense</i>	They <b>laughed</b> at the comedy show last night.
Lock	locked	
	<i>Simple present tense</i>	I always <b>lock</b> the door when I leave my house.
	<i>Simple past tense</i>	I <b>locked</b> the door when I left my house today.
Look	looked	
	<i>Simple present tense</i>	We always <b>look</b> for cars before crossing the street.
	<i>Simple past tense</i>	We <b>looked</b> for cars before crossing the street yesterday.

<b>Base</b>	<b>Past</b>	<b>Sentences</b>
Mix	mixed	
	<i>Simple present tense</i>	The baker <b>mixes</b> the flour and sugar every day.
	<i>Simple past tense</i>	The baker <b>mixed</b> the flour and sugar 2 hours ago.
Mop	mopped	
	<i>Simple present tense</i>	The housekeeper <b>mops</b> all the floors.
	<i>Simple past tense</i>	The housekeeper <b>mopped</b> the floors last night.
Park	parked	
	<i>Simple present tense</i>	You <b>park</b> your car in the parking lot every day.
	<i>Simple past tense</i>	You <b>parked</b> your car in the parking lot yesterday.
Pick	picked	
	<i>Simple present tense</i>	They <b>pick</b> flowers from the garden every summer.
	<i>Simple past tense</i>	They <b>picked</b> the flowers from the garden last summer.
Push	pushed	
	<i>Simple present tense</i>	I always <b>push</b> the shopping cart in the supermarket.
	<i>Simple past tense</i>	I <b>pushed</b> the cart in the supermarket last Sunday.
Shop	shopped	
	<i>Simple present tense</i>	They <b>shop</b> for new clothes every month.
	<i>Simple past tense</i>	They <b>shopped</b> for new clothes last weekend.
Smoke	smoked	
	<i>Simple present tense</i>	The old man <b>smokes</b> cigarettes every day.
	<i>Simple past tense</i>	The old man <b>smoked</b> a cigarette 2 hours ago.
Stop	stopped	
	<i>Simple present tense</i>	The car <b>stops</b> at the stop sign.
	<i>Simple past tense</i>	The car <b>stopped</b> at the stop sign 10 minutes ago.
Talk	talked	
	<i>Simple present tense</i>	You <b>talk</b> to your manager every morning.
	<i>Simple past tense</i>	You <b>talked</b> to your manager this morning.

<b>Base</b>	<b>Past</b>	<b>Sentences</b>
Touch	touched	
	<i>Simple present tense</i>	The child rarely <i>touches</i> the hot stove.
	<i>Simple past tense</i>	The child <i>touched</i> the hot stove two days ago.
Type	typed	
	<i>Simple present tense</i>	We <i>type</i> a story in computer class every week.
	<i>Simple past tense</i>	We <i>typed</i> a story in computer class last week.
Watch	watched	
	<i>Simple present tense</i>	We <i>watch</i> a good movie on T.V. every weekend.
	<i>Simple past tense</i>	We <i>watched</i> a good movie on T.V. last night.
Walk	walked	
	<i>Simple present tense</i>	I <i>walk</i> to school every day.
	<i>Simple past tense</i>	I <i>walked</i> to school two days ago.
Wash	washed	
	<i>Simple present tense</i>	Farhia <i>washes</i> her dishes every morning
	<i>Simple past tense</i>	Farhia <i>washed</i> her dishes yesterday morning.
Work	worked	
	<i>Simple present tense</i>	I <i>work</i> over-time every month.
	<i>Simple past tense</i>	I <i>worked</i> over-time last month.